

January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
1 LIBRARY CLOSED	2	3 7:00-8:00pm Knitting & Crocheting	4 12:00-1:00pm Gentle Yoga	5	6 10:15am Pre-school Storytime	7
8	9 12:00-1:00pm Gentle Yoga	10 10:15am Stories to Go! at Waiting Room Café 6:30pm "The Secrets of the Healthy.." Seminar 7:00-8:00pm Knitting & Crocheting	11 12:00-1:00pm Gentle Yoga	12	13 10:15am Pre-school Storytime 12:00-1:00pm Qi Gong	14 2:00pm Self Check-out Launch and Dedication
15	16 12:00-1:00pm Gentle Yoga	17 1:00pm ACCESS Study Talk for Seniors 7:00-8:00pm Knitting & Crocheting	18 12:00-1:00pm Gentle Yoga	19 1:30pm and 6:30pm DR. YOU Book Launch	20 10:15am Pre-school Storytime 12:00-1:00pm Qi Gong	21 8:45am- 5:15pm Go Girl at Rec Centre
22	23 12:00-1:00pm Gentle Yoga	24 10:15am Stories to Go! at Waiting Room Café 7:00-8:00pm Knitting & Crocheting	25 12:00-1:00pm Gentle Yoga	26	27 Read for 15 Literacy Challenge 10:15am Pre-school Storytime 12:00-1:00pm Qi Gong	28
29	30 12:00-1:00pm Gentle Yoga	31 7:00-8:00pm Knitting & Crocheting				



105B Marina Road
Chestermere, AB
T1X 1V7
Phone: 403-272-9025
acheslibrary@marigold.ab.ca

LIBRARY HOURS:

Monday 10:00am—9:00pm
Tuesday 10:00am—9:00pm
Wednesday 10:00am—9:00pm
Thursday 10:00am—9:00pm
Friday 10:00am—5:00pm
Saturday 9:00am—4:00pm
Sunday 12:00pm—4:00pm

*Closed on statutory holidays

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Program Guide



Stories to Go! Tuesday, January 10, 10:15am & Tuesday January 24, 10:15am

Join us for special storytimes at Waiting Room Café, 101, 288 Kinniburgh Blvd.

Be Your Best Self Tuesday, January 10, 6:30pm

3 Confusing Food Myths Debunked - The Secrets of the Healthy.

Looking for lifelong health and weight loss? Join Registered Dietitian and Professional Weight Loss Coach Nicole Boyd for this free seminar.

Self-Check-Out Launch Saturday, January 14, 2:00pm

Donations were made to the Library in loving memory of Meghan Hackett, a beloved friend and former Library Board Member. Monetary donations were put towards the purchase of our new self check-out station. Join us for the dedication of this new addition to our Library.

ACCESS Study Talk Tuesday, January 17, 1:00pm

Join us for this presentation about a New Study looking at the impact of providing free preventative medications to seniors.

DR. YOU Book Launch and Talk Friday, January 20, at 1:30pm and 6:30pm

We are happy to host this book launch for local author, Leslie Racz. Leslie will be talking about her new book DR. YOU and sharing some handy tips on how to navigate the Healthcare System. Copies of her book will be available for purchase.

Go Girl Chestermere Saturday January 21, 8:45am-5:15pm

Look for us at Go Girl Chestermere 2017. Register online at www.chestermerecrca.com or at the Rec Centre Main Office. Registrations will be taken at the door space permitting. \$20 includes lunch and t-shirt.

Read for 15 Friday, January 27 all day Join the Read for 15 Alberta Challenge. To participate, just let us know when you have read for 15 minutes on January 27 and we will add to our tally for Chestermere and area. You can call us at 403-272-9025 or email us at acheslibrary@marigold.ab.ca

Gentle Yoga Mondays & Wednesdays 12:00-1:00pm

Join certified yoga instructor, Elann Anderson for this drop-in program of gentle movement and yoga poses. There is a drop in \$5.00 fee and you now have two days a week to choose from. Please wear comfortable clothing and bring a yoga mat.

Knitting & Crocheting Tuesdays 7:00-8:00pm

Bring some yarn and your knitting needles or crochet hook and enjoy the company of others while creating something beautiful. All skill levels welcome.

Drop-in Pre-School Storytime Fridays at 10:15-10:45am

Stories and songs for the little ones.

Qi Gong Fridays from 12:00-1:00pm starting January 13

Come in for a guided meditation on abundance and healing yourself. Calm the chaos with this drop in program hosted by Jo Mangan level 4 Qi Gong instructor and/or Michelle Aris. There is a \$5.00 fee. Be sure to wear comfortable clothing.

Novel Book Club

The next meeting for the Novel Book Club is on Thursday, February 2, and we will be discussing "Lily and the Octopus" by Steven Rowley. Copies are available to borrow now.